



PARISH OF THE

# North American Martyrs

THE PRIESTLY FRATERNITY OF ST. PETER

## PARISH PRIESTS

Rev. Fr. Joel Kiefer, FSSP  
PASTOR

Rev. Fr. Joseph Heffernan, FSSP  
ASSISTANT PASTOR

Rev. Fr. Adrian Debow, FSSP  
ASSISTANT PASTOR



PARISH OFFICE  
(206) 641-6504

MAILING ADDRESS  
12546-B 5th Avenue NE  
Seattle, WA 98125



MASS LOCATIONS  
St. Alphonsus Church  
5816 15th Ave NW  
Seattle, WA 98107

Holyrood Cemetery  
205 NE 205th St.  
Shoreline, WA 98155

Masses are at St. Alphonsus  
unless otherwise noted.



NorthAmericanMartyrs.org

## LATIN TRIDENTINE MASS SCHEDULE

SUNDAY	8:00 AM (@ Holyrood Cemetery) 11:45 AM (High Mass)
MONDAY & WEDNESDAY	7:30 PM
TUESDAY	6:30 AM
THURSDAY	12:10 PM
FRIDAY	7:30 PM; Holy Hour before Mass (& 12:10 PM Mass on First Friday)
SATURDAY	11:00 AM

**Confessions:** 30 minutes before Mass and, as necessary, following Mass.

**Baptism:** within the first month of birth. Please contact the rectory.

**Marriage:** arrange at least six months in advance. Preparation with a priest.

**Convert Instructions:** contact the rectory for an interview.

**Men's and Women's Groups:** contact the pastor.

**Knights of the Sacred Heart:** boys and young men's group. Contact Mr. Peter Miller.

**Parish Girls' Group:** contact Carmela Evans.

### Public Devotions:

Holy Hour and Benediction on Fridays at 6:30 pm.  
Rosary before Sunday 11:45 am Mass and First Saturday at 10:25am.  
Marian devotions following Wednesday evening Mass.

### Choir and Schola Gregoriana

Marie Emmanuel Lyon, *Director*.  
Mr. Wyatt Smith, *Organist*.

**Catholic Young Adults:** contact Francine Gregorios.

### Mass Intentions

The Mass intention book is opened periodically throughout the year. Instructions appear in the bulletin. Intentions are reserved for parishioners only.

### Parish Registration

Contact the pastor to schedule an appointment. Proof of sacraments required.

**St. Teresa of Avila Parish on-line Library:** [www.librarycat.org/lib/NorthAmericanMartyrs](http://www.librarycat.org/lib/NorthAmericanMartyrs).

*What earlier generations held as sacred, remains sacred and great for us too, and it cannot be all of a sudden entirely forbidden or even considered harmful. It behooves all of us to preserve the riches which have developed in the Church's faith and prayer, and to give them their proper place.*



*If thou carry the cross willingly, it will carry thee.*  
*Imitation of Christ, II, 12*

## External Solemnity of SS. Peter & Paul

### Masses and Intentions for the Week

#### Sunday, July 2

External Solemnity of SS. Peter & Paul

*II Class*

8:00 AM Church for North American  
Martyrs Parish

11:45 AM Pro Populo

#### Monday, July 3

St. Irenaeus *III Class*

Bishop & Martyr

7:30 PM Poor Souls

#### Tuesday, July 4

Feria *IV Class*

6:30 AM Francis Riera+

#### Wednesday, July 5

St. Anthony Mary Zaccariah *III Class*

Confessor

7:30 PM Gordon Wesner+

#### Thursday, July 6

Feria *IV Class*

12:10 PM Hannah M. Grandy+

#### Friday, July 7

##### First Friday

SS. Cyril & Methodius *III Class*

Bishops & Confessors

12:10 PM Fred Cirineo+

7:30 PM Reparation to the Sacred Heart

#### Saturday, July 8

St. Elizabeth of Portugal *III Class*

Queen & Widow

11:00 AM Isabelle Grandy

#### Sunday, July 9

Fifth Sunday after Pentecost

8:00 AM Daughters of North American  
Martyrs Parish

11:45 AM Pro Populo

### Farewell Fr. Kiefer, FSSP ... Welcome Fr. Debow, FSSP

Please join us today in the Family Center after the 11:45 Mass to bid farewell to Fr. Kiefer and welcome Fr. Debow. Pictures from the Chartres Pilgrimage will also be on display.

**First Blessings** ... will be offered by Fr. Debow after both Masses today (in the Family Center after the 11:45 Mass). A partial indulgence is attached to the first blessing of a newly ordained priest.

**Confirmation Classes** ... begin today. Please pray for our Confirmandi as they prepare to receive this Sacrament on October 7th.

**New Choir Director!** ... We thank Marie Emmanuel Lyon, a long time member of North American Martyrs Parish choir, for accepting the position of choir director and leading us in sacred music. Please note that the next High Mass will be on the 23rd of July, when our parish hosts the pilgrim Virgin statue of Our Lady of Fatima. All other Sunday Masses will be Low Masses until September 10th as the choir takes a much-deserved summer break.

**Camps St. Cecilia and St. John Eudes** ... will run from July 9-22nd (Camp St. Cecilia for girls, July 9-15; St. John Eudes for boys July 16-22nd). Three seminarians from Our Lady of Guadalupe Seminary will be assisting at the camps, teaching catechism, giving talks, etc. We thank Mr. Luc Poirier, Mr. Isaac Diaz-Mendoza, and Mr. William Rooney for their help.

**Next Men's Group** ... for both north and south will be on Saturday, **July 29th** at 6pm at the rectory of North American Martyrs Parish (address on the front of the bulletin). Bring something cold to drink and/or something to grill. All men are welcome.

**Parish Picnic** ... will be on Saturday, September 9th at Rhododendron Park in Kenmore. Please save the date!

**Please Keep in Your Prayers:** Helen Clifford, Shirley Hendrix, Dwight Nobles, Mark Hillis, Roberta Pharness, Jackie Phillips, Stephanie Brusich, Jesse Dahl, Dr. Gene Supernaw, Patricia Dowling, Dorothy McVeigh, Chris Hendrix, Joyce Barry, Fr. Calvin Goodwin, FSSP, Mark DeAntonio and Ben Danieli.

**Mass intentions** ... are now being accepted. Place the intention and the donation in an envelope in the collection basket.

**Annual Catholic Appeal** ... Archbishop Sartain asks that you consider a gift of one dollar a day (\$365). **All donations above our goal are refunded 100% to our parish.** Pledge envelopes, business reply envelopes and corporate matching information are available in the vestibule. You may return your envelope in the Sunday collection or mail them directly to the Archdiocese. On-line donations may be made at [www.seattlearchdiocese.org/donate](http://www.seattlearchdiocese.org/donate). *We are currently at 71% of our goal with 31 contributions having been made.* Thank you for your generosity.

**Our Lady of Fatima** ... the world famous international pilgrim Virgin statue of Our Lady of Fatima is touring our country in honor of the *100th anniversary of the apparitions at Fatima, Portugal*. NAM will host the statue on **23 July** at the 11:45 High Mass. The entire schedule for the day will follow (talk, procession, devotions). Plan on joining this parish initiative to venerate this beautiful and historic statue that began its tour in 1947. May Our Lady of Fatima grant us the graces to be ever more devoted members of Her Blue Army. For more information, see [www.fatimatourofpeace.com](http://www.fatimatourofpeace.com). Contributions to the Blue Army/O.L.F. mission may be placed in the collection (please annotate OLF on the check or envelope).

**Contributions:** May God Reward your generosity (6/25 \$4,525.00)

## **Introduction to the Devout Life** **by St. Francis of Sales (1567-1622)**

*Preface by the author continued*

It is not, however, my own choice or wish which brings this Introduction before the public. A certain soul, abounding in uprightness and virtue, some time since conceived a great desire, through God's Grace, to aspire more earnestly after a devout life, and craved my private help with this view. I was bound to her by various ties, and had long observed her remarkable capacity for this attainment, so I took great pains to teach her, and having led her through the various exercises suitable to her circumstances and her aim, I let her keep written records thereof, to which she might have recourse when necessary. These she communicated to a learned and devout Religious, who, believing that they might be profitable to others, urged me to publish them, in which he succeeded the more readily that his friendship exercised great influence upon my will, and his judgment great authority over my judgment.

So, in order to make the work more useful and acceptable, I have reviewed the papers and put them together, adding several matters carrying out my intentions; but all this has been done with scarce a moment's leisure. Consequently you will find very little precision in the work, but rather a collection of well-intentioned instructions, explained in clear intelligible words, at least that is what I have sought to give. But as to a polished style, I have not given that a thought, having so much else to do.

I have addressed my instructions to Philothea, as adapting what was originally written for an individual to the common good of souls. I have made use of a name suitable to all who seek after the devout life, Philothea meaning one who loves God. Setting then before me a soul, who through the devout life seeks after the love of God, I have arranged this Introduction in five parts, in the first of which I seek by suggestions and exercises to turn Philothea's mere desire into a hearty resolution; which she makes after her general confession, by a deliberate protest, followed by Holy Communion, in which, giving herself to her Savior and receiving Him, she is happily received into His Holy Love. After this, I lead her on by showing her two great means of closer union with His Divine Majesty; the Sacraments, by which that Gracious Lord comes to us, and mental prayer, by which He draws us near to Him. This is the Second Part.



*Please pray for the souls in purgatory  
and for a permanent location for the parish.*



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remains sacred..." Pope Benedict XVI

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*"... a devout man... should be the best dressed  
person in the company."  
-St. Francis de Sales*

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**Litany of Humility**

Jesus, meek and humble of heart, hear me.

From the desire of being esteemed, deliver me, O Lord.

From the desire of being loved, deliver me, O Lord..

From the desire of being extolled, deliver me, O Lord.

From the desire of being honored, deliver me, O Lord.

From the desire of being praised, deliver me, O Lord.

From the desire of being preferred to others, deliver me, O Lord.

From the desire of being consulted, deliver me, O Lord.

From the desire of being approved, deliver me, O Lord.

From false humility, deliver me, O Lord.

From the fear of being humiliated, deliver me, O Lord.

From the fear of being despised, deliver me, O Lord.

From the fear of suffering rebukes, deliver me, O Lord.

From the fear of being calumniated, deliver me, O Lord.

From the fear of being forgotten, deliver me, O Lord.

From the fear of being ridiculed, deliver me, O Lord.

From the fear of being wronged, deliver me, O Lord.

From the fear of being suspected, deliver me, O Lord.

That others may be loved more than I,  
That others may be esteemed more than I,

That in the opinion of the world,  
others may increase and I may decrease,

That others may be chosen and I set aside,

That others may be praised and I unnoticed,

That others may be preferred to me in everything,

That others may become holier than I,

provided that I may become as holy as I should,

O Lord, grant me the grace to desire it.

**North American Martyrs**

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